

CURRICULUM VITAE

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Professor of Psychology, Weinberg College of Arts & Sciences
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EDUCATION

1992-1995 NIMH Post-Doctoral Fellowship, Psychiatric Epidemiology, University of Michigan
1992 Ph.D., Psychology, Boston University
1990 M.A., Psychology, Boston University
1987 B.S., Psychology (Summa Cum Laude), Loyola University Chicago

ACADEMIC POSITIONS & EMPLOYMENT

2013-present Professor Psychology and Professor of Medical Social Sciences, Northwestern University, Evanston & Chicago, IL
2012-2013 William and Sally Berners-Hanley Professor of Gerontology, Purdue University, West Lafayette, IN
2005-2013 Associate to Full Professor, Department of Human Development & Family Studies (with courtesy appointment in the Department of Psychological Sciences), Purdue University, West Lafayette, IN
1995-2005 Assistant to Associate Professor, Department of Psychology, Fordham University, Bronx, NY
1995-1999 Network Associate, John D. and Catherine T. MacArthur Foundation Research Network on Successful Midlife Development

- 1992-95 NIMH Post-Doctoral Fellow in Psychiatric Epidemiology, University of Michigan, Ann Arbor, MI
- 1990-92 Research Assistant, Normative Aging Study, Boston Veterans Administration Medical Center, Boston, MA
- 1987-90 Teaching Fellow, Boston University, Department of Psychology, Boston, MA

PUBLICATIONS

Manscripts Currently Under Review:

Mroczek, D.K., Turiano, N.A., Chan, W., Hill, P.L., & Roberts, B.W. (under review). Personality traits and trait change predict net worth in two national population samples.

King, H., Almeida, D., Mroczek, D., Gerstorf, D., Turiano, N. A., & Stawski, R. (under review). Age moderates the association between neuroticism and cortisol at waking.

Pitzer, L.M., Fingerman, K.L., & Mroczek, D.K. (under review). Negotiating daily life: How daily stress impacts victims of childhood physical abuse.

Graham, E.K., Turiano, N.A., Elleman, L.G. & Mroczek, D.K. (under review). Personality & Earnings Lost: The Economic Costs of Work Cut Back Days Due to Physical and Mental Health.

Lee, L.O., Spiro, A., Kubzansky, L., Chen, E., Aldwin, C. M. & Mroczek, D.K. (under review). Patterns of Early Life Experiences and Their Influence on Late Life Well-Being: Findings from the VA Normative Aging Study.

Starnes, H.A., Wilson, J.S., McDonough, M.H., Mroczek, D.K. & Troped, P.J. (under review). Factorial Invariance of the Abbreviated Neighborhood Environment Walkability Scale in the Nurses' Health Study Cohort.

Mroczek, D.K., Estabrook, C.R., Schalet, B.D., Graham, E.K. & Spiro, A. (in preparation). Do personality and health change each other over 40 years? Autoregressive cross-lagged models of neuroticism, extraversion, and illness severity in 4 decades of the Normative Aging Study.

Graham, E.K., O'Brien, T.C., Rutsohn, J.P., Turiano, N.A., Spiro, A. & Mroczek, D.K. (in preparation). Using 1965 personality and 1975 smoking behavior to predict (and mediate) mortality risk over a 50 year follow-up.

Mroczek, D.K., Condon, D. & Graham, E.K. (in preparation). Personality predicts entrepreneurial behavior and business ownership: Longitudinal findings from the MIDUS.

Meltzer, D. & Mroczek, D.K. (in preparation). Personality traits predict rehospitalizations.

Rao, M., Mroczek, D.K. & Meltzer, D. (in preparation). Personality traits predict physician adherence after emergency room release.

Edited Book:

Mroczek, D.K. & Little, T.D. (2006). *Handbook of Personality Development*. Lawrence Erlbaum Associates, Mahwah, NJ.

Journal Articles & Chapters:

Graham, E.K., Mroczek, D.K. & Elleman, L.G (in press). Personality and earnings lost: The economic costs of work cut back days due to physical and mental health. *The International Journal of Personality Psychology*.

Friedman, E., Christ, S. & Mroczek, D.K. (in press). Inflammation partially mediates the association of multimorbidity and functional limitations in a national sample of middle-aged and older adults: The MIDUS Study. *Journal of Aging & Health*.

Mroczek, D.K., Stawski, R.S., Turiano, N.A., Chan, W., Spiro, A., Neupert, S.N., & Almeida, D.M. (in press). Emotional reactivity predicts mortality: Longitudinal findings from the VA Normative Aging Study. *Journals of Gerontology: Psychological Sciences*. **NIHMSID: 559018**

Hill, P.L., Turiano, N.A., Spiro, A., & Mroczek, D.K. (in press). Understanding inter-individual variability in purpose in life: Longitudinal findings from the VA Normative Aging Study. *Psychology & Aging*.

Karam, E.A., Ko, M., Pinsof, W., Mroczek, D., & Sprenkle, D. (in press). The multisystemic and multilevel investigation of the expanded therapeutic alliance-psychological functioning relationship in individual therapy. *Journal of Marital and Family Therapy*.

Hill, P.L., Mroczek, D.K. & Young, R.K. (in press). Personality Traits as Potential Moderators of Well-being: Laying a Foundation for Future Research. In K.M. Sheldon & R.E. Lucas (Eds.) *Can Happiness Change?* Amsterdam: Elsevier.

Griffin, P.L., Mroczek, D.K. & Young, R.K. (in press). Personality Development Across the Lifespan: Theory, Research, and Application. In B. Mast & P. Lichtenberg (Eds.) *APA Handbook of Clinical Geropsychology*. Washington, DC: American Psychological Association.

Turiano, N.A., Greunewald, T., Chapman, B., & Mroczek, D.K. (2015). Personality and the leading indicators of mortality: Health behaviors mediate the association between personality traits and mortality in a national population sample. *Health Psychology, 34*, 51–60. doi:10.1037/hea0000038 **PMCID: PMC4103968 NIHMSID: 418951**

Mroczek, D.K. (2014). Personality plasticity, healthy aging, and interventions. *Developmental Psychology, 50*, 1470-1474.. **PMCID: PMC4031903 NIHMSID: 580702**

Turiano, N.A., Mroczek, D.K., Moynihan, J.M., & Chapman, B.P. (2013). Big 5 personality traits and Interleukin-6: Evidence for “healthy neuroticism” in a U.S. population sample. *Brain, Behavior and Immunity, 28*, 83-89. doi: 10.1016/j.bbi.2012.10.020. **PMCID: PMC3545072 NIHMSID: 465333**

Whiteman, S. D., Barry, A. E., Mroczek, D. K., & MacDermid Wadsworth, S. (2013). The development and implications of peer emotional support for student service members/veterans and civilian college students. *Journal of Counseling Psychology*, *60*, 265-278. doi: 10.1037/a0031650. **NIHMSID: 488083**

Turiano, N.A., Hill, P.L., Roberts, B.W., Spiro, A., & Mroczek, D.K. (2012). Smoking mediates the effect of conscientiousness on mortality: The Veterans Affairs Normative Aging Study. *Journal of Research in Personality*, *46*, 719-724. doi: 10.1016/j.jrp.2012.08.009. **PMCID: PMC3595549**

Hill, P.L., Turiano, N.A., Mroczek, D.K., & Roberts, B.W. (2012). Examining concurrent and longitudinal relations between personality traits and social well-being in adulthood. *Social Psychological and Personality Science*, *3*, 698-705. **PMCID: 3604904** doi: 10.1177/1948550611433888

Turiano, N. A., Spiro, A., & Mroczek, D. K. (2012). Openness to experience and mortality in men: Analysis of trait and facets. *Journal of Aging & Health*, *24*, 654-672. doi: 10.1177/0898264311431303. **NIHMSID: 465335**

Turiano, N. A., Whiteman, S. D., Hampson, S. E., Roberts, B. W., & Mroczek, D. K. (2012). Personality and substance use in midlife: Conscientiousness as a moderator and the effects of trait change. *Journal of Research on Personality*, *46*, 295-305. doi: 10.1016/j.jrp.2012.02.009. **PMCID: 3388488**

Wesselman, E.D., Wirth, J., Mroczek, D.K., & Williams, K. (2012). Dial a feeling: Detecting moderation of affect decline during ostracism. *Personality and Individual Differences*, *53*, 580-586. doi: 10.1016/j.paid.2012.04.039. **PMCID: 3622258**

Armour, C., Shevlin, M., Elklit, A., & Mroczek, D.K. (2012). A latent growth mixture modelling approach to PTSD symptoms in rape victims. *Traumatology*, *18*, 20-28. doi: 10.1177/1534765610395627. **PMCID: 3365569**

Ready, R.E., Åkerstedt, A.M., & Mroczek, D.K. (2012). Emotional complexity and emotional well-being in older adults: Risks of high neuroticism. *Journal of Aging & Mental Health*, *16*, 17-26. doi: 10.1080/13607863.2011.602961. **PMCID: 3242833**

Turiano, N.A., Pitzer, L.M., Armour, C., Karlamangla, A., Ryff, C. D., & Mroczek, D. K. (2012). Personality trait and trait change as predictors of health outcomes: Findings from the Midlife in the U.S. Study (MIDUS). *Journal of Gerontology: Psychological Sciences*, *67*, 4-12. doi: 10.1093/geronb/gbr072. **PMCID: 3410684 (This paper won the 2012 Editor's Choice Award for JOG:PS)**

Hill, P. L., Turiano, N. A., Hurd, M. D., Mroczek, D. K., & Roberts, B. W. (2011). Conscientiousness and longevity: An examination of possible mediators. *Health Psychology*, *30*, 536-541. doi: 10.1037/a0023859 **PMCID: 3587967**

Mroczek, D.K., Pitzer, L.M., Miller, L.M., Turiano, N.A., & Fingerman, K.F. (2011). The use of secondary data in adult development and aging research. In Trzesniewski, K.H., Donnellan, M.B. &

Lucas, R.E. (Eds.), *Secondary data analysis: An introduction for psychologists* (pp., 121-132). Washington, DC: American Psychological Association.

Ong, A.D., Mroczek, D.K., & Riffin, C. (2011). The health significance of positive emotions in adulthood and later life. *Social and Personality Psychology Compass*, 5, 538-551. doi: 10.1111/j.1751-9004.2011.00370.x. **PMCID: 3173764**

Lodi-Smith, J., Turiano, N.A., & Mroczek, D.K. (2010). Personality development across the lifespan. In Fingerman, K.F., Smith, J., & Antonucci, T. (Eds.), *Handbook of lifespan development* (pp., 515-532). New York, NY: Springer.

Hampson, S.E., Tildesley, E., Andrews, J.A., Luyckx, K., & Mroczek, D.K. (2010). The relation of change in hostility and sociability during childhood to substance use in mid adolescence. *Journal of Research in Personality*, 44, 103-114. doi: 10.1016/j.jrp.2009.12.006. **PMCID: PMC2854561**

Mroczek, D.K., Spiro, A., & Turiano, N.A. (2009). Do health behaviors explain the effect of neuroticism on mortality? *Journal of Research in Personality*, 43, 653-659. doi: 10.1016/j.jrp.2009.03.016. **PMCID: PMC2705907**

Almeida, D.M., Lachman, M.E., Marks, N.F., Mroczek, D.K. & Ryff, C.D. (2009). Orville Gilbert Brim: Icon of generativity. *Research in Human Development*, 6, 252-266.

Fingerman, K.L., **Pitzer, L.M.**, Lefkowitz, E.S., Birditt, K.S., & Mroczek, D.K. (2008). Ambivalent relationship qualities between adults and their parents: Implications for the well-being of both parties. *Journals of Gerontology: Psychological Sciences*, 63B, 362-371. **PMCID: PMC2749877**

Neupert, S. D., Mroczek, D. K., & Spiro, A. (2008). Neuroticism moderates the daily relation between stressors and memory failures in older adults. *Psychology and Aging*, 23, 287-296. doi: 10.1037/0882-7974.23.2.287.

Vaidya, J.G., Gray, E.K., Haig, J.R., Mroczek, D.K., & Watson, D. (2008). Differential trait stability and individual growth trajectories during young adulthood. *Journal of Personality*, 76, 276-304. doi: 10.1111/j.1467-6494.2007.00486.x. **PMCID: PMC2752221**

Roberts, B. W., & Mroczek, D.K. (2008). Personality trait stability and change. *Current Directions in Psychological Science*, 17, 31-35. doi: 10.1111/j.1467-8721.2008.00543.x. **PMCID: PMC2743415**

Gruenewald, T.L., Mroczek, D.K., Ryff, C.D., & Singer, B.H. (2008). Diverse pathways to positive and negative affect in adulthood and later life: An integrative approach using recursive partitioning. *Developmental Psychology*, 44, 330-342. doi: 10.1037/0012-1649.44.2.330.

Mroczek, D.K., & Spiro, A. (2007). Personality change influences mortality in older men. *Psychological Science*, 18, 371-376. doi: 10.1111/j.1467-9280.2007.01907.x. **PMCID: PMC2643121**

- Mroczek, D.K. (2007). The analysis of longitudinal data in personality research. In R.W. Robins, R.C. Fraley & R.F. Krueger (Eds.), *Handbook of Research Methods in Personality Psychology* (pp., 543-556). New York, NY: Guilford Press.
- Mroczek, D.K., & Griffin, P.W. (2007). Growth-curve modeling in positive psychology. In A. Ong & M.H.M. van Dulmen (Eds.), *Oxford Handbook of Methods in Positive Psychology* (pp., 467-476). New York, NY: Oxford University Press.
- Whiteman, S.D., & Mroczek, D.K. (2007). A brief introduction to growth curve models. *Irish Journal of Psychology*, 28, 77-86. doi:10.1080/03033910.2007.10446250
- Neupert, S., Almeida, D. M., Mroczek, D. K., & Spiro, A. (2006a). The effects of the Columbia Shuttle disaster on the daily lives of older adults: Findings from the VA Normative Aging Study. *Aging & Mental Health*, 10, 272-281. doi:10.1080/13607860500409682
- Neupert, S. D., Almeida, D. M., Mroczek, D. K., & Spiro, A. (2006b). Daily stressors and memory failures in a naturalistic setting: Findings from the VA Normative Aging Study. *Psychology and Aging*, 21, 424- 429. doi: 10.1037/0882-7974.21.2.424
- Griffin, P.W.**, Mroczek, D.K., & Spiro, A. (2006). Variability in affective change among aging men: Findings from the VA Normative Aging Study. *Journal of Research in Personality*, 40, 942-965. doi:10.1016/j.jrp.2005.09.011
- Mroczek, D.K., & Cooper, M.L. (2006). Overview of the proceedings of the 2005 meeting of the Association for Research in personality. *Journal of Research in Personality*, 40, 1-3.
- Jennings, P.A., Aldwin, C.M., Levenson, M.R., Spiro, A., & Mroczek, D.K. (2006). Combat exposure, perceived benefits of military service, and wisdom in later life: Findings from the Normative Aging Study. *Research on Aging*, 28, 115-134. doi: 10.1177/0164027505281549
- Mroczek, D.K., & Little, T.D. (2006). Theory and research in personality development at the beginning of the 21st century. In D.K. Mroczek, & T.D. Little (Eds.), *Handbook of Personality Development* (pp., 3-8). Mahwah, NJ: Lawrence Erlbaum Associates.
- Mroczek, D.K., Spiro, A., Almeida, D. M., & **Pafford, C.** (2006). Intraindividual change in personality. In D.K. Mroczek & T.D. Little (Eds.), *Handbook of Personality Development* (pp., 163-180). Mahwah, NJ: Lawrence Erlbaum Associates.
- Mroczek, D.K., Spiro, A., & **Griffin, P.W.** (2006). Personality and aging. In J.E. Birren & K.W. Schaie (Eds.), *Handbook of the Psychology of Aging* (6th ed., pp., 363-377). San Diego, CA: Elsevier.
- Mroczek, D.K., Spiro, A., **Griffin, P.W.**, & Neupert, S. (2006). Social Influences on Adult Personality, Self-Regulation and Health. In K.W. Schaie & L. Carstensen (Eds.), *Social Structures, Aging and Self-Regulation* (pp., 69-84). New York, NY: Springer.

- Almeida, D.M., Mroczek, D.K., & Neiss, M. (2006). Can self-regulation explain age differences in daily, weekly and monthly reports of psychological distress? In K.W. Schaie & L. Carstensen (Eds.), *Social Structures, Aging and Self-Regulation* (pp., 95-122). New York, NY: Springer.
- Mroczek, D.K., & Spiro, A, III (2005). Change in life satisfaction over 20 years during adulthood: Findings from the VA Normative Aging Study. *Journal of Personality and Social Psychology*, 88, 189-202. doi: 10.1037/0022-3514.88.1.189
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- Mroczek, D.K. (2004). Positive and negative affect at midlife. In O.G. Brim, C.D. Ryff & R.C. Kessler (Eds.), *How healthy are we? A national study of well-being at midlife* (pp., 205-226). Chicago, IL: University of Chicago Press.
- Mroczek, D.K., & Spiro, A, III. (2003a). Modeling intraindividual change in personality traits: Findings from the Normative Aging Study. *Journals of Gerontology: Psychological Sciences*, 58B, 153-165. doi: 10.1093/geronb/58.3.P153
- Mroczek, D.K., & Spiro, A, III. (2003b). Personality structure and process, variance between and within: Integration by means of developmental framework. *Journals of Gerontology: Psychological Sciences*, 58B, 305-306. doi: 10.1093/geronb/58.6.P305
- Mroczek, D.K., Spiro, A., & Almeida, D. M. (2003). Between- and within-person variation in affect and personality over days and years: How basic and applied approaches can inform one another. *Ageing International*, 28, 260-278. doi: 10.1007/s12126-002-1007-z
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- Mroczek, D.K., & Spiro, A, III. (2002). Personality and aging. In D.J. Ekerdt, R.A. Applebaum, K.C. Holden, S.G. Post, K. Rockwood, R. Schulz, R. Sprott, & P. Uhlenberg (Eds.). *Encyclopedia of Aging*, (pp., 1076-1080). New York, NY: Macmillan Reference USA.
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- Mroczek, D.K. (2000). Review of "Gerontology: An interdisciplinary perspective." *Contemporary Gerontology*, 6, 86-88.
- Mroczek, D.K. (2000). The emerging study of midlife. *Contemporary Psychology*, 45, 482-485. doi: 10.1037/002278
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- Kessler, R.C., Mroczek, D.K., & Belli, R.F. (1999). Retrospective adult assessment of childhood psychopathology. In D. Shaffer & J. Richters (Eds.), *Diagnostic Assessment in Child and Adolescent Psychopathology* (pp., 256-284). New York, NY: Guilford Press
- Mroczek, D.K., & Kolarz, C.M. (1998). The effect of age on positive and negative affect : A developmental perspective on happiness. *Journal of Personality and Social Psychology*, 75, 1333-1349. doi: 10.1037/0022-3514.75.5.1333
- Mroczek, D.K. (1998). Review of the "Handbook of Emotion, Adult Development, and Aging." *Contemporary Gerontology*, 5, 1-4.
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Kessler, R.C., & Mroczek, D.K. (1994). Measuring the effects of medical interventions. *Medical Care*, 33, AF109-AF119.

Mroczek, D.K., Spiro, A. III, Aldwin, C.M., Ozer, D.J., & Bossé, R. (1993). Construct validation of optimism and pessimism in older men: Findings from the Normative Aging Study. *Health Psychology*, 12, 406-409. doi: 10.1037/0278-6133.12.5.406

Bossé, R., Aldwin, C.M., Levenson, M.R., Spiro, A. III, & Mroczek, D.K. (1993). Change in social support after retirement: Longitudinal findings from the Normative Aging Study. *Journals of Gerontology: Psychological Sciences*, 48, 210-217. doi: 10.1093/geronj/48.4.P210

Bossé, R., Levenson, M.R., Spiro, A. III, Aldwin, C.M., & Mroczek, D.K. (1992). For whom is retirement stressful? Findings from the Normative Aging Study. In B. Vellas & J.L. Albarede (Eds.), *Facts and Research in Gerontology* (pp., 223-240). New York, NY: Springer.

GRANT SUPPORT

Current:

5R01AG018436-12	09/15/00-08/31/16	3.36 calendar
National Institute on Aging	\$2,051,842	
Personality and Well-Being Trajectories in Adulthood		
Role: Principal Investigator		

5P01AG020166-08 (Ryff)	01/01/02-06/30/16	0.90 calendar
National Institute on Aging/subk from UW	\$881,854 DC at UW/\$28,848 per year DC at NU	
Integrative Pathways to Health and Illness (Psychosocial Contributors to Health and Illness)		
Role: Site Principal Investigator		

1R01AG041750-01A1 (Friedman)	06/15/13-05/31/18	0.60 calendar
National Institute on Aging/subk from Purdue University	\$164,000 DC at Purdue/\$10,918 per year at NU	
Living Well with Later Life Multimorbidity: a Biopsychosocial Approach		
Role: Co-Investigator		

1P01AG043362-01 Sub#6453 (Hofer-Mroczek)	06/01/13-05/31/14	2.64 calendar
National Institute on Aging/subk from OHSU, \$1,350,664 DC at OHSU/\$134,774 per year DC at NU		
Integrated Analysis of Longitudinal Studies of Aging		
Role: Sub-Project Principal Investigator		

Pending:

1U01DA036939-01 (Mustanski)	02/01/2014-01/31/2019	0.60 calendar
NIH/NIDA		
Multilevel Influences on HIV and Substance use in a YMSM Cohort		
Role: Co-Investigator		

GRANT11487779-P01 (Wakschlag) NIH/NIDA Prenatal Stress: Neurobiology, Inequality, & Early Substance Abuse Susceptibility Role: Core C Leader	07/01/2014 06/30/2019 \$22,127,547	3.24 calendar
HHSN27520120007I (Holl/Borders) NIH National Children's Study: Vanguard Study – Task Order 5 – Stress and Cortisol Measurement for the National Children's Study Role: Co-Investigator	04/01/13-03/31/15 \$1,943,758	0.60 calendar
PA-11-194 (Massey) National Institute on Drug Abuse Prenatal Smoking Cessation as an Altruistic Parenting Behavior Role: Statistician	07/01/14-06/30/19 \$827,198	0.60 calendar
PA-13-302 (Booth) National Institutes of Health Interactive Specialization in Language Impairment Role: Co-Investigator	07/01/14-06/30/19 \$2,486,047	0.20 calendar

Completed:

2005-2010 *Personality and Well-Being Trajectories in Adulthood*, R01-AG18436 (Competing Renewal, Received), National Institute of Aging with dual sponsorship by the National Institute of Mental Health. **Total Costs: \$1,910,797. Role: Principal Investigator.**

2000-2005 *Personality and Well-Being Trajectories in Adulthood*, R01-AG18436 (Received), National Institute of Aging with dual sponsorship by the National Institute of Mental Health. **Total Costs: \$1,251,571. Role: Principal Investigator.**

2007-2011 *Daily Stress and Well-Being in Adulthood* (Received), National Institute of Aging. David Almeida, Pennsylvania State University, Principal Investigator. **Total Costs of Subcontract: \$53,692. Role: Co-Investigator.**

2002-2008 *Integrative Pathways to Health & Illness*, Subcontract from P01-AG20166 (Received), National Institute of Aging. Carol Ryff, University of Wisconsin, Principal Investigator. **Total Costs of Subcontract : \$223,911. Role: Co-Investigator.**

1998-1999 *Intraindividual Personality Change in Adulthood*, R03-AG16054 (Received), National Institute of Aging. **Total Costs: \$80,308. Role: Principal Investigator.**

1999 *The Development of Self-Concept and Personality in Adolescence*, Seed Grant from Fordham University (Received). **Total Costs: \$3,500. Role: Principal Investigator.**

1996-98 *Midlife Research*, Subcontract from the MacArthur Foundation Research Network on Successful Midlife Development (Received). **Total Costs: \$10,000. Role: Principal Investigator.**

Grants on which I have served as Consultant:

2011-2012 *Longitudinal Dietary Change in Couple with Diabetes*, National Institute of Digestive Disease & Kidneys, Mary Ann Parris Stephens, Kent State University, Principal Investigator

2002-2005 *Prevalence Rates of Psychiatric Disorders in Northern Ireland*, Medical Research Council (United Kingdom). Brendan Bunting, University of Ulster, Principal Investigator

2002-2007 *Self-Concept Organization Across the Adult Lifespan*, National Institute of Aging. Manfred Diehl, Colorado State University, Principal Investigator

2003-2005 *The Influence of Social Context on Early Aggression*, National Institute of Mental Health. Jennifer McComas, University of Minnesota, Principal Investigator

NIH STUDY SECTIONS AND OTHER BOARDS & COMMITTEES

Member of the Selection Committee for the Jeffrey Tanaka Personality Psychology Dissertation Award, June, 2012

Member of the Selection Committee for the APA Early Career Award (Individual Differences), November, 2010

Member, (3-year term), 2008-2011; Executive Board of the Association for Research in Personality (ARP)

Member, 2002-2007 (Chair: 2004-2006); Social, Personality & Interpersonal Processes (SPIP) Study Section (formerly, Risk, Health and Prevention Behavior Panel: RHPB-4), Center for Scientific Review, National Institutes of Health.

Member, 2000-2003; National Institute of Aging, Behavioral & Social Research (NIA-S) Study Section.

Ad Hoc Grant Application Reviewer, 2003, Social Sciences & Humanities Research Council (SSHRC), Canada.

Ad Hoc Grant Application Reviewer, 2002, Medical Research Council (MRC), Northern Ireland, United Kingdom.

Ad Hoc Reviewer, 2002, John D. and Catherine T. MacArthur Foundation Fellowship (“Genius Grant”) Program.

Organizer, 2005 Conference of the Association for Research in Personality (ARP)

Member-At-Large (2-year term), 2004-2006; Executive Committee of Division 20 (Adult Development & Aging) of the American Psychological Association.

Member-At-Large (3-year term), 2003-2005; Executive Council of the Behavioral & Social Sciences Section of the Gerontological Society of America.

External Examiner, 2003, Dissertation Committee at the University of Ulster, Belfast, Northern Ireland

Member, 2002-2005, Tenure Appeals Committee, Fordham University (this elected committee hears appeals on university-wide tenure denials; chaired this panel in 2003-2004).

Member, Institutional Review Board, Arlene Gordon Research Center on Vision, The Lighthouse International, New York City

Member, 1999, Executive Board of the New York State Society on Aging.

Member, 1999-2000, Advisory Board, Center for Studies of Ethnicity and Human Development, Long Island University, Brooklyn

EDITORIAL BOARD MEMBERSHIPS & REVIEWING ACTIVITIES

Member, Editorial Boards of:

Journals of Gerontology: Psychological Sciences (2000-present)

Psychology & Aging (2003-present)

Journal of Personality & Social Psychology (2003-2007, 2009-present)

Journal of Personality (2004-present)

Journal of Research in Personality (2003-present)

Social Psychological and Personality Science (2009-present)

Reviewer for:

Psychological Science, Developmental Psychology, American Psychologist, Behavioral Medicine, Health Psychology, Journal of Health and Social Behavior, International Journal of Behavioral Development, Assessment, Psychology and Health, Personality and Social Behavior, International Journal of Aging and Human Development, Psychological Assessment; Social Psychological and Personality Science

INVITED TALKS, COLLOQUIA & WORKSHOPS

2011 Invited Speaker, *Personality Traits, Health, and Personalized Aging*. Jacobs Conference on Personalized Aging, Jacobs Center for Lifelong Learning & Education, Jacobs International University, Bremen, Germany.

2010 Invited Speaker, *Beyond Correlation in the Study of Personality: Associations, Investments & Interventions: The Spencer Foundation Conference Series on Individual*

Differences and Economic Behavior, Sponsored in Part by the Institute for New Economic Thinking. University of Chicago, Department of Economics, Chicago, IL.

- 2009 Distinguished Speaker on Aging. *Personality and Longevity in Older Adulthood*. School of Aging Studies, University of South Florida.
- 2007 Invited Speaker, *Measuring Personality Traits in Large-Scale National Surveys*, National Opinion Research Center (NORC), University of Chicago
- 2006 Invited Speaker, *Economics of Happiness Symposium*, University of Southern California, Los Angeles
- 2004 Invited Speaker, *Penn State Gerontology Center Conference on Social Structures, Aging, and Self-Regulation in the Elderly*, Pennsylvania State University, State College
- 2003 Workshop Instructor, *Growth-Curve Estimation in a Hierarchical Linear Modeling Framework*, Deutsches Zentrum für Altersforschung (German National Center for Aging Research), University of Heidelberg, Germany
- 2002 Workshop Instructor, *Growth-Curve Modeling with Longitudinal Data*, University of Florida Institute on Aging, Gainesville
- 1999-2000 Workshop Instructor, *Summer Workshop on Research in Midlife Development*, University of Michigan, Ann Arbor
- 2000-2008 Since 2000, I have given additional invited talks or colloquia at: Yale University, Cornell University, Washington University St. Louis, Penn State University, University of Victoria, University of Illinois, Michigan State University, University of Georgia, University of Wisconsin, New York University, University of Florida, Boston University, University of Arizona, University of Kansas, City University of New York Graduate Center, University of Zurich (Switzerland), University of Ulster (Northern Ireland), Jena University (Germany), and Jagiellonian University Krakow (Poland).

HONORS AND AWARDS

- 2014 Elected to the Academy of Behavioral Medicine Research
- 2012 Named the William and Sally Berners-Hanley Professor of Gerontology by the Purdue University Board of Trustees
- 2012 Editor's Choice Award, *Journal of Gerontology: Psychological Sciences*, for the paper "Personality trait and trait change as predictors of health outcomes: Findings from the Midlife in the U.S. Study (MIDUS)", authored by Turiano, N.A., Pitzer, L.M., Armour, C., Karlamangla, A., Ryff, C. D. & Mroczek, D. K.

- 2010 Selected as a Member of the Human Capital and Economic Opportunity Research Group, Gary Becker-Milton Friedman Institute, University of Chicago (invited by James Heckman, Nobel Laureate in Economics)
- 2008-2013 Selected a Purdue University Faculty Scholar (an honor for mid-career faculty at Purdue; one of only three in the College of Health & Human Sciences)
- 2007 Selected as a Fellow of the American Psychological Association
- 2003-2004 President, Fordham Chapter of Sigma Xi, the National Scientific Research Society
- 2000 Faculty Recognition Award for Excellence in Teaching, the Undergraduate Psychology Society at Fordham University
- 1987-91 Boston University Graduate School Teaching Fellow of the Year
- 1987 Inducted into *Alpha Sigma Nu*, the Jesuit Honor Society, at Loyola University Chicago

PROFESSIONAL MEMBERSHIPS

Gerontological Society of America, American Psychological Association (Divisions 5, 8, and 20), American Psychological Society, Society for Personality and Social Psychology, Association for Research in Personality, International Society for the Study of Behavioral Development, Sigma Xi, the Scientific Research Society, European Association for Personality Psychology

TEACHING EXPERIENCE

Undergraduate Courses: Child Development, Adult Development & Aging, Adolescent Development, Introduction to Psychology, Introduction to Statistics, Personality Psychology

Graduate Courses: Multilevel Modeling, Research Methods in Developmental and Family Research, Longitudinal Data Analysis, Gerontology, Personality Development, Biological Bases of Human Development

RESEARCH INTERESTS

Adult development and aging; personality predictors of disease and mortality; personality, social and emotional development; consistency and change in personality; self-regulation; longitudinal design and data analysis; individual growth (growth-curve) modeling; survival analysis (Cox models); daily diary design and analysis