

Benjamin J. Gorvine

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Department of Psychology
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Academic Positions

Current

Professor of Instruction, Department of Psychology, Northwestern University
(September 2019-present)

Associate Chair, Department of Psychology, Northwestern University (May 2021-present)

Faculty Chair, Ayers College of Commerce and Industry, Northwestern University
(September 2025-present)

Lead Adviser, Department of Psychology, Northwestern University (September 2014-present)

Affiliate, The Crown Family Center for Jewish and Israel Studies (September 2025-present).

Previous

Associate Professor of Instruction, Department of Psychology, Northwestern University (September 2015-August 2019)

Senior Lecturer, Department of Psychology, Northwestern University (September 2012-August 2015)

Lecturer, Department of Psychology, Northwestern University (September 2008-August 2012)

Assistant Chair, Department of Psychology, Northwestern University (September 2009-April 2021)

Faculty-in Residence, Southwest Area (Willard Hall), Northwestern University
(September 2018-June 2025)

Faculty Chair, Shepard Residential College, Northwestern University (September 2015-June 2018)

Assistant Professor, Department of Psychology, Illinois School of Professional Psychology (September 2006 – May 2008)

Adjunct Faculty, Department of Psychology, Roosevelt University (January 2007 - December 2008)

Assistant Professor, Department of Psychology, Aurora University (September 2004 – May 2006)

Education

Ph.D. in Psychology, 2002, University of Michigan, Ann Arbor.
Specialization: Developmental and Clinical Psychology: Fathering and preschoolers' socioemotional development.
Advisers: Drs. Sandra Graham-Bermann and Brenda Volling

M.A. in Psychology, 1998, University of Michigan, Ann Arbor.
Specialization: Developmental Psychology: Mother-infant and father-infant attachment.
Adviser: Dr. Brenda Volling

B.A. in Psychology, 1994, Earlham College, Richmond, IN.

Special Training and Certifications

Management Skills for Innovative University Leaders, January – March 2011, Kellogg School of Management, Northwestern University.

Licensed Clinical Psychologist, State of Illinois, # 071-006690.

Post Graduate Fellowship, 2002 – 2004, The Family Institute at Northwestern University.

Clinical Psychology Internship, 2000 – 2002, Institute for Human Adjustment, University of Michigan-Ann Arbor.

Certificate of Graduate Studies, 2000, University of Michigan, Ann Arbor.
Specialization: Development, Psychopathology, and Mental Health.

Selected Honors and Awards

Charles Deering McCormick Distinguished Professor of Instruction (2023-2026).

Office of Undergraduate Research (OUR) Faculty Honor Roll (2022).

Associated Student Government (ASG) Faculty Honor Roll (2012, 2015, 2019, 2022).

School of Professional Studies (SPS) Distinguished Teaching Award (2017).

Award for Excellence in Teaching, Northwestern University Undergraduate Psychology Association (2014, 2016).

Weinberg College Arts and Sciences Alumni Teaching Award (2014).

Panhellenic Faculty Appreciation Award for excellence in undergraduate teaching, (2013).

University of Michigan, Rackham Graduate School One Term Dissertation Fellowship (2002).

University of Michigan Psychology Distinguished Graduate Student Instructor Award (2000).

NICHHD traineeship for Developmental Psychology, University of Michigan (1997, 1999).

Phi Beta Kappa, Earlham College (1994).

College and departmental (psychology) honors, Earlham College (1994).

Courses Taught

- Statistical Methods in Psychology
- Research Methods in Psychology
- Introduction to Clinical Psychology
- Child Psychopathology
- The Holocaust: Psychological Themes & Perspectives
- Psychology of Personality
- Mental Health Diagnosis and Treatment: Political and Economic Themes
- Consumerism: A Psychological Perspective
- The Psychology of Bullying
- Developmental Psychology; Lifespan Development; Child and Adolescent Development
- Sport and Exercise Psychology
- Contemporary Issues in Psychology (Senior Capstone course)
- Careers in Psychology
- General Psychology (Introduction to Psychology)
- Culture, Diversity, and Expression (1st year writing seminar)
- Understanding Wellness (Writing-intensive interdisciplinary seminar)
- Family and Couples Therapy
- Master's Therapy Practicum Seminar
- Professionalization Group

Administrative Experience

Associate Chair, Department of Psychology (May 2021-present)
Assistant Chair, Department of Psychology (September 2009-April 2021)
Lead Adviser, Department of Psychology (September 2014-present)
Northwestern University

Responsibilities:

- Oversee and coordinate course scheduling within the department, as well as course scheduling of psychology courses in the School of Professional Studies.
- Consult with Director of Undergraduate Studies on curricular issues and approvals of course transfers.
- Hire and supervise adjunct instructors.
- Oversee and coordinate scheduling of teaching assistants.
- Serve as department liaison for issues regarding building maintenance and construction projects.
- Completion of reports as requested by the Dean's office.
- Supervise office staff.
- Monitor and update departmental website content.
- Provide general administrative support for the department chair.

Publications

Gorvine, B.J., Rosengren, K. S., Stein, L., & Biolsi, K. (2018). *Research Methods: From theory to practice*. New York: Oxford University Press.

Gorvine, B.J. & Smith, H.D. (2015). Predicting student success in a psychological statistics course emphasizing collaborative learning. *Teaching of Psychology, 42*(1), 56-59.

Cohen, A. B., *Gorvine, B. J.*, & Gorvine, H. (2013). The Religion, Spirituality, and Psychology of Jews. In K. Pargament (Ed.-in-Chief), J. Exline & J. Jones (Assoc. Eds.), *APA handbooks in psychology: APA handbook of psychology, religion, and spirituality: Vol 1*. (pp. 665-679). Washington, DC: American Psychological Association.

Gorvine, B.J. (2010). Head Start fathers' involvement with their children. *Journal of Family Issues, 31*(1), 90-112.

Gorvine, B.J., Karam, E. & Eovaldi, M. (2008). Strengthening individual identity in the group context. *Middle School Journal, 40*(2), 13-20.

- Volling, B.L., Blandon, A.Y. & **Gorvine, B.J.** (2006). Maternal and paternal gentle guidance and young children's compliance from a within-family perspective. *Journal of Family Psychology, 20*(3), 514-525.
- Cohen, A.B., Pierce, J.D., Jr., Chambers, J., Meade, R., **Gorvine, B.J.**, & Koenig, H.G. (2005). Intrinsic and extrinsic religiosity, belief in the afterlife, death anxiety, and life satisfaction in young Catholics and Protestants. *Journal of Research in Personality, 39*, 307-324.
- Gorvine, B.J. (2003). "Childproofing" your marriage when adopting a child. [On-line]. Available: <http://library.adoption.com/Marriage-Relationship/quotChildproofingquot-your-Marriage-when-Adopting-a-Child/article/3407/1.html>
- Ward, L.M., **Gorvine, B.J.** & Cytron, A. (2002). Would that really happen?: Adolescents' perceptions of sexuality according to television. In: J.D. Brown, J.R. Steele & K. Walsh-Childers (eds.), *Sexual Teens, Sexual Media: Investigating media's influence on adolescent sexuality*. Lawrence Erlbaum Associates: Mahwah, NJ.
- Gorvine, B.J. (2000). Fathering. In: Balter, L. (ed.), *Parenthood in America: An Encyclopedia*. ABC-CLIO: New York.
- Gorvine, B.J.** & Volling, B.L. (1998). Mother-infant and father-infant attachment in dual-earner and single-earner families. *Infant Behavior and Development, 21* (Supplement), 436. [https://doi.org/10.1016/S0163-6383\(98\)91649-6](https://doi.org/10.1016/S0163-6383(98)91649-6).

Presentations

- Gorvine, B.J.** & Smith, H.D. (2018, May). *Attitudes towards group work and group cohesion as predictors of success in a collaborative learning focused psychological statistics course*. Poster presented at the annual conference of the Association for Psychological Science, San Francisco, CA.
- Gorvine, B.J.** & Smith, H.D. (2017, January). *Effective team, better mean: Group cohesion predicts success in a collaborative learning focused Psychological Statistics course, independent of prior knowledge*. Poster presented at the National Institute for the Teaching of Psychology, St. Petersburg Beach, FL.
- Sherman, A.E., Mathieu, J., Charbon, P., **Gorvine, B.J.**, & Xavier, J. (2016, May). *The sibling relationship in multiplex Autism families: Implications for behavioral intervention*. Poster presented at the Psychology Undergraduate Research Conference, Los Angeles, CA.
- Smith, H.D. & **Gorvine, B.J.** (2016, January). *Does an effective team place you above the mean? The role of group cohesion in a Psychological Statistics course that emphasizes collaborative learning*. Poster presented at the National Institute for the Teaching of Psychology, St. Petersburg Beach, FL.

- Gorvine, B.J.** & Smith, H.D. (2015, May). *Is forgetting statistics content a "standard" error?* Poster presented at the annual conference of the Association for Psychological Science, New York, NY.
- Stephens, J. & **Gorvine, B.J.** (2015, May). *Different strokes: BDSM involvement as an innate organizational schema in partner choice.* Poster presented at the annual conference of the Association for Psychological Science, New York, NY.
- Gorvine, B.J.** & Smith, H.D. (2014, May). *Teamwork and technology in tandem: The integration of collaborative learning and personal response systems in a large lecture course.* Poster presented at the annual conference of the Association for Psychological Science, San Francisco, CA.
- Smith, H.D. & **Gorvine, B.J.** (2014, May). *Does the use of 'clicker' classroom technology link to measurable gains in student performance?* Poster presented at the 2014 Meeting of the Midwestern Psychological Association, Chicago, IL.
- Gorvine, B.J.** & Smith, H.D. (2013, May). *The Post-Clicker Era: A personal response system that utilizes cell and smartphones.* Poster presented at the annual conference of the Association for Psychological Science, Washington, DC.
- Gorvine, B.J.** & Smith, H.D. (2012, May). *Often Wrong but Never in Doubt: Overconfidence Predicts Academic Performance.* Poster presented at the annual conference of the Association for Psychological Science, Chicago, IL.
- Waluch, C.A. & **Gorvine, B.J.** (2012, May). *Anonymous Gossip Sites and Person Perception Among Undergraduates.* Poster presented at the annual conference of the Association for Psychological Science, Chicago, IL.
- Smith, H.D. & **Gorvine, B.J.** (2011, May). *There's No I in Team: Feelings Toward Group Work Predict Academic Performance in an Undergraduate Statistics Course Emphasizing Team Learning.* Poster presented at the annual conference of the Association for Psychological Science, Washington, DC.
- Johnson, K.A, Cohen, A.B., Engeln-Maddox, R., & **Gorvine, B.J.** (2011, May). *Teaching Controversial Topics: Evolutionary Psychology and Religion.* Poster presented at the annual conference of the Association for Psychological Science, Washington, DC.
- Biek, D.M. & **Gorvine, B.J.** (2010, September). *The Working Alliance and the Measurement of the Online Classroom Environment.* Poster presented at Columbus State University's Distance Learning: conference, Columbus, GA.
- Engeln-Maddox, R., **Gorvine, B.J.**, & Cohen, A.B. (2010, April). *When science is personal: Thinking critically when scientific findings clash with personal values.* Symposium presented at the 2010 Meeting of the Midwestern Psychological Association, Chicago, IL.

- Gorvine, B.J.** & Biek, D.M. (2009, January). *The Working Alliance as a Predictor of Student Learning*. Poster presented at the National Institute for the Teaching of Psychology, St. Petersburg Beach, FL.
- Gorvine, B.J.** (2010, October; 2009, November; 2008, November). *Fathering and the elementary and middle school aged child*. Workshop presented at Parent University program, "Parents in Partnership," Glenview School District #34, Glenview, IL.
- Biek, D.M. & **Gorvine, B.J.** (2008, January). *Instructor Immediacy in Online Courses*. Poster presented at the National Institute for the Teaching of Psychology, St. Petersburg Beach, FL.
- Gorvine, B.J. (2007, November). *Being an Engaged Father: Ideas for working with middle-schoolers*. Workshop presented at Parent University program, "Connecting with Our Children," Glenview School District #34, Glenview, IL.
- Gorvine, B.J. (2007, February). *Stress management and stress-reduction techniques*. Workshop presented at the Howard Area Alternative High School Health Fair.
- Gorvine, B.J.** & Dyer-Seymour, J.R. (2007, January). *Going Beyond the DSM in Teaching Psychopathology*. Participant Idea Exchange presented at the National Institute for the Teaching of Psychology, St. Petersburg Beach, FL.
- Gorvine, B.J. (2006, November). *Discipline with Young Children: Issues and strategies*. Workshop presented at monthly meeting of JUST S.E.W. (Skokie-Evanston-Wilmette) Home Day Care Providers Association, Evanston, IL.
- Gorvine, B.J. (2006, November; 2005, October). *You've got to know when to hold 'em" – When to intervene with your middle school child: Fathering challenges in the 21st century*. Workshop presented at Parent University program, "Raising Respectful, Responsible, and Resilient Children," Glenview School District #34, Glenview, IL.
- Gorvine, B.J. (2006, May). *Head Start Fathers' and Stepfathers' Involvement With Their Children*. Poster presented at the Association for Psychological Science, New York, NY.
- Gorvine, B.J. (2005, April). *Do Fathers Matter For Children's Peer Competence? A Study of Head Start Fathers and Children*. Poster presented at the Society for Research on Child Development, Atlanta, GA.
- Gorvine, B.J. (2004, November; 2003, November; 2002, November). *The Challenges and Rewards of Fathering in the 21st Century*. Workshop presented at Parent University program, "Parenting in Changing Times," Glenview School District #34, Glenview, IL.
- Gorvine, B.J.** & Surmeier, K. (2003, May). *Current Psychological Thinking about Child Custody and Shared Parenting*. Workshop presented at the Circuit Court of Cook

County Domestic Relations Division's Child Representative seminars, Chicago, IL.

Graham-Bermann, S.A, Bermann, E.A., and **Gorvine, B.J.** (2003, April). *Family, Community, and Media Violence: Contributions to Preschoolers' Mental Health*. Poster presented at the Society for Research on Child Development, Tampa, FL.

Gorvine, B.J. & Graham-Bermann, S. (2002, June). *Head Start Fathers: Strengths and challenges in their own words*. Poster presented at the Head Start Sixth National Research Conference ("The First Eight Years: Pathways to the Future"), Washington, D.C.

Gorvine, B.J. (2001, July). *Head Start Fathers' Involvement with their Children: Facilitating greater participation*. Workshop presented at the Michigan Community Action Association Agency / Michigan Head Start Association Summer Conference, Thompsonville, MI.

Gorvine, B.J. & Graham-Bermann, S. (2001, April). *Father Participation in Child Care Tasks: Multiple Perspectives*. Poster presented at the Society for Research on Child Development, Minneapolis, MN.

Gorvine, B.J. (1999, April), *Parental Control, Mutually-Positive Affect, Co-Parenting, and Child Compliance in Family Context*. Poster presented at the Society for Research on Child Development, Albuquerque, NM.

Gorvine, B.J. & Volling, B.L. (1998, April). *Mother-Infant and Father-Infant Attachment in Dual-Earner and Single-Earner Families*. Poster presented at the International Conference for Infant Studies, Atlanta, GA.

Ward, L.M, Rivadeneyra, R., **Gorvine, B.J.**, & Cytron, A. (1998, February). *Illuminating Television's Role in Adolescents' Sexual Socialization*. Poster presented at the Society for Research on Adolescence, San Diego, CA.

Clinical Experience

Affiliate Psychotherapist, The Family Institute at Northwestern University, Evanston, IL, September 2004 – August 2011.

As an affiliate psychotherapist, I worked with individuals, couples, and families using a family systems perspective.

Young Men's/Fathering Group Leader, Howard Area Alternative High School, Chicago, IL, December 2006 – present.

Facilitate a fathering/men's group for young men, ages 16-20. Group is psychoeducational in focus and explores participants' perceptions of masculinity and the role of fathers, as well as provides practical childrearing information.

Postgraduate Fellow, The Family Institute at Northwestern University, Evanston, IL, September 2002 – August 2004.

As a postgraduate fellow at the Family Institute, I received advanced training in working with individuals, couples, and families utilizing a family systems perspective.

Clinical Psychology Intern, University of Michigan Psychological Clinic, Ann Arbor MI, September 2001 – August 2002

This aspect of my internship gave me the opportunity to work with adult clients in consultation as well as in short- and long-term individual therapy. In this work I used a primarily psychodynamic approach with elements of other treatment approaches (e.g., cognitive-behavioral).

Clinical Psychology Intern, McAuley Outpatient Mental Health, St. Joseph Mercy Hospital, Ann Arbor, MI, September 2000- August 2001

Here I worked with children and families in a hospital outpatient mental health clinic, conducting short-term therapy. Clients came from a range of socio-economic circumstances, ethnic backgrounds, and ages (from young children to adolescents). This gave me the opportunity to develop a set of assessment and treatment skills that were flexible enough to accommodate diverse populations, yet based in rigorous research and theory.

Practicum trainee, Child and Adolescent Psychiatry, University of Michigan Hospital, Ann Arbor, MI, January 2000 – April 2000

In this position, I worked with clients in a hospital outpatient setting. I conducted evaluation interviews and short-term individual therapy, utilizing a cognitive-behavioral approach.

Practicum trainee, University of Michigan Department of Psychology and Safe House, Ann Arbor, MI, January 1999 – April 1999.

I co-led a 10-week intervention group for children (ages 5-7) who had been exposed to domestic violence within the last year. The primary goal of the intervention was to provide a safe and supportive environment where children could discuss their feelings and experiences. Together, my colleagues and I devised creative ways to address issues related to family violence such as fears and worries, conflict resolution, and safety planning.

Service

Associate Chair, Department of Psychology, Northwestern University, 2021-present.

Assistant Chair, Department of Psychology, Northwestern University, 2009-2021.

Lead Adviser, Department of Psychology, Northwestern University, 2014-present.

Faculty co-adviser, Psi Chi International Honor Society in Psychology, Northwestern chapter, 2020-present.

Faculty adviser, Northwestern University Snapshot (Photography/videography student organization), 2025-present.

First-Year Student Adviser (advising cohort of 15 first-year students per year), Northwestern University, 2010- present.

Member, Advisory Board of the Holocaust Educational Foundation of Northwestern University, 2018-present.

Member, School of Professional Studies Curriculum and Degree Board, Northwestern University, 2021-present.

Member, Summer Session Advisory Board, Northwestern University, 2021-2022.

Alpha Phi Omega Service Fraternity, Faculty Adviser, 2017-2022.

Faculty fellow, Shepard Residential College, Northwestern University, 2018-present.

Member, Schapiro Distinguished Secondary Teacher Award Committee, 2026.

Chair, Psychology Department Teaching-Track Faculty Reappointment Committee, 2026.

Member, Psychology Department Teaching-Track Faculty Reappointment Committee, 2023-2025.

Member, Psychology Department Undergraduate Honors Committee, 2016-present.

Member, Executive Director of Residential Services Search Committee, 2019.

Member, Philosophy Teaching-Line Faculty Search Committee, 2018-2019.

Member, Psychology Teaching-Line Faculty Search Committee, 2017-2018.

Member, Psychology Department Teaching Committee, 2016-present.

Member, Psychology Department Undergraduate Education Committee, 2012-present.

Psychology Department Adviser, Northwestern University, 2012-2014.

Faculty Senate, elected representative for the Department of Psychology, Northwestern University, 2014-2017.

Member, Non-Tenure Eligible Faculty Committee of the Faculty Senate, 2014-2017.

Member, Academic Freedom Task Force of the Faculty Senate, 2017.

Member, Teaching-Track Advisory Committee, 2015-2016.

Faculty fellow, Ayers College of Commerce and Industry, Northwestern University, 2009-2014.

Students of AMF, Faculty Adviser, Northwestern University, 2010-2014.

Member, Short-Term Teaching Budget Committee, Northwestern University, 2011-2012

Member, Freshman Advising Steering Committee, Northwestern University, 2011-2012.

Member, School of Continuing Studies Faculty Advisory Board, Northwestern University, 2010-2012.

Student Affairs Committee, Illinois School of Professional Psychology, 2007-2008.

Institutional Review Board, Illinois School of Professional Psychology, 2006-2008.

Program Assessment committee, Illinois School of Professional Psychology, 2006-2008.

Academic Advisor, First-Year Program, Aurora University, 2005-2006.

General Education Committee, Aurora University, 2005-2006.

Psychology club faculty co-sponsor, Aurora University, 2005-2006.

Psychology faculty search committee, Aurora University, Spring 2005.

Evaluation Consultation

External Evaluator: Oakton Community College – National Science Foundation
Advanced Technological Education (NSF ATE 11-692) Professional Development
for Educators Project – “Using Remote Technology in Real-Time to Enhance
Nanotechnology Education and Training.” (\$800,000 over 4 years). 2013-2017.

Ad Hoc Reviewer

Early Education & Development, 2024-present.

Journal of Family Strengths, 2011-present.

Journal of Family Issues, 2010-present.

Teaching of Psychology, 2006-present.

Developmental Psychology, 2016-present.

Grants

“Special Topics in Psychology: The Psychology of the Holocaust”, Hewlett Curricular Fellowship for development of courses on the study of social inequalities and diversities, Northwestern University, \$2,000 (2017).

“Statistics Self-Assessments and Tutorials for Psychology”, (Sara Broaders and Renee Engeln, co-PIs), Digital/Online Projects to Enhance Learning at Northwestern, Northwestern University, \$25,620 (2015-2016).

“The Use of Cell Phone and Other Available Technology to Enhance Classroom Instruction and Student Learning in Statistical Methods for Psychology”, (H. David Smith co-PI), Hewlett Fund for Curricular Innovation, Northwestern University, \$2,000 (2012).

“Retention of Statistics Knowledge After Completion of Psychology 201 (Statistical Methods for Psychology)”, internal grant from the Department of Psychology, Northwestern University, \$2,280 (2011).

“Male Urban Adolescents: Childhood, Masculinity, and Parenting”, Northwestern University Residential College Fellow Assistant Researcher Award (FARA), \$1,600 (2010).

“The Use of Clickers to Enhance Collaborative Student Learning in Statistical Methods for Psychology”, Hewlett Fund for Curricular Innovation, Northwestern University, \$1,009 (2009).

Northwestern University Teaching Line Faculty Travel Award, ~\$1,000 (2008, 2009, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018).

Weinberg College of Arts & Sciences Course Enhancement Grants, amounts ranging from \$100 - \$500 (2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2021, 2022, 2023, 2024, 2025, 2026)

Community Service

President, Board of Directors, Center for Grief Recovery, Chicago, IL, 2020-present.

Member and secretary, Board of Directors, Center for Grief Recovery, Chicago, IL, 2008-present.

Group leader/facilitator, Howard Area Leadership Academy Men’s Group, Chicago, IL, 2006 - 2012.

Research Interests

- Collaborative learning in higher education

- Pedagogy practices for Psychology and statistics
- Parenting - fathers and father figures
- Social development – peer competence and child adjustment
- Poverty
- Adolescent male identity development

Professional Affiliations

Association for Psychological Science, member.

Society for Research on Child Development, member.

Rev. 6/22/26